



A Rocha UK Prayer diary
January – March 2026

January

WEEK 1 – PRAY FOR 2026 (5 JANUARY)

As we begin this new year, pray that we, as the body of Christ, would continue to be a light in this broken world as we seek to protect and restore His creation. Please pray this week for A Rocha UK staff and trustees as we embark on our plans for 2026 – that through our programmes we would encourage and support many more people and churches across the UK to be aligned with God's will in stewarding His creation, for His glory.

WEEK 2 – PARTNERS IN ACTION (12 JANUARY)

As many of our partners begin climate-resilient tree planting projects, we give thanks and pray for safety and strength for the teams involved, and that the trees will thrive and bring lasting impact. Please also pray for the A Rocha UK conservation team as we develop a new conservation strategy, and for wisdom and effective collaboration in the new working group as it guides this important planning process.

WEEK 3 – BIG GARDEN BIRDWATCH (19 JANUARY)

This is Big Garden Birdwatch week. It's the world's largest garden wildlife survey and last year nearly 600,000 people took part, counting over nine million birds. Taking part in citizen science connects people with nature and inspires action to protect it. Every bird counted provides insight into how garden birds are faring. Pray for all taking part, that they feel encouraged and motivated to take action for nature, and pray for bird species that face significant challenges in our changing climate.

WEEK 4 – ECO CHURCHES (26 JANUARY)

We give thanks for all the churches, across many denominations and regions, participating in Eco Church – now more than 9,000 churches. Please pray for them as they care for creation across church life and seek to bless and engage local and global communities through these actions. Pray for the individuals and teams in these churches who work so passionately to raise awareness and make a difference, that they would be encouraged, inspired and strengthened.



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February

WEEK 1 – WORLD WETLANDS DAY (2 FEBRUARY)

World Wetlands Day is 2 February. It raises global awareness of wetlands and the vital role they play in a resilient, nature-positive, climate-neutral world. Wetlands are one of the world's most valuable ecosystems and a major nature-based carbon store. They help protect us from the impacts of climate change and reverse biodiversity loss. Pray for those who work to protect wetlands, including our team and partners in the UK.

WEEK 2 – FOXEARTH MEADOWS NATURE RESERVE (9 FEBRUARY)

Please pray for events planned at Foxearth Meadows this year. Pray that volunteers and visitors alike are inspired to care for wildlife. We give thanks for regular groups, including Leading Lives (adults with special needs), our Friday volunteers and our bird ringers. Pray for renewed hope and joy as spring unfolds, and that everyone who comes to the reserve feels the presence of the Creator in this special place.

WEEK 3 – LENT BEGINS (16 FEBRUARY)

As we start this Lent season, we reflect on what it means to live within godly limits of what is enough. We ask for forgiveness for when humanity has not respected the limits of creation and has depleted the resources God has given us. Pray that we would be transformed by the renewing of our minds (Romans 12:2) and gain a fresh vision of living well in God's world.

WEEK 4 – WORLD SEAGRASS DAY (23 FEBRUARY)

World Seagrass Day is celebrated annually on 1 March, raising awareness of the importance of seagrass to marine biodiversity, the threats they face, and their contribution to climate change mitigation and adaptation. Seagrasses are one of the world's most widespread marine ecosystems, covering around 300,000 km² of seabed in 159 countries. They form extensive underwater meadows, creating biologically rich habitats. Pray for those working to protect them.



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March

WEEK 1 – WORLD WILDLIFE DAY (2 MARCH)

World Wildlife Day is 3 March. This UN-designated day celebrates the world's wild animals and plants, their importance to ecosystems, and the threats they face. The 2026 theme highlights medicinal and aromatic plants and their role in health, heritage and livelihoods, while drawing attention to threats such as habitat loss and illegal trade. Pray for greater awareness and protection of wildlife and the natural resources we depend on.

WEEK 2 – WOLF FIELDS NATURE RESERVE (9 MARCH)

Please pray for a strong start to the spring season at Wolf Fields. Pray for the success of events, especially visits from local schools, and that every child who comes will feel inspired and excited about nature. May these experiences spark a lasting love of the natural world in local children.

WEEK 3 – WOMEN'S HISTORY MONTH (16 MARCH)

March is Women's History Month, with International Women's Day on 8 March. Give thanks for the strength, courage and wisdom of women around the world, especially leaders in the environmental movement and those protecting nature in indigenous communities. The climate crisis often impacts women disproportionately, deepening inequality and reducing access to resources and decision-making. Pray for greater participation and leadership of women in climate action, and for all working for equality, justice and a sustainable future.

WEEK 4 – EARTH HOUR (23 MARCH)

Earth Hour is a global event where people turn off non-essential lights for one hour to show care for the environment. This year it takes place from 8:30–9:30pm on 28 March. Earth Hour encourages positive action for the planet. Consider lighting a candle and reflecting on God's love for creation. Pray for justice for those most vulnerable to climate change and ask God what actions He invites you to take.

WEEK 5 – HOLY WEEK (30 MARCH)

As we journey through Holy Week, pray for a time of reflection, peace and renewal for all. May this week be an opportunity to re-dedicate ourselves to God's work and give thanks for the ultimate sacrifice of Jesus on the cross. Pray that His presence deepens our relationship with God, strengthens our relationships with one another, and inspires us to care for and protect His creation.